

## **Priority One!**

### **CONFIRMATION RETREAT PARENT LETTER**

**Our Gr 9 Confirmation Retreat will be held on October 29, 2023 from 2-6pm at Christ the King Parish Center, 1 McCurdy Rd., Old Lyme, CT.** In preparation, we are asking PARENTS to each write a letter to their child telling them, "I love you." These letters can be any length, but should be heartfelt, positive, and state what they mean to you, how proud you are of them, how they have been blessed with particular gifts and talents, and how they are a blessing to you and to others. Including endearing memories or specific events from their childhood will make the letter more personal.

This is not meant to be an opportunity to vent or give advice, but rather, to assure your child that your love for them is constant and that they are "ok", despite the changing circumstances and uncertainties that accompany the teen years.

During the retreat, we will present your child with your letters to read silently in the presence of the Blessed Sacrament. Please don't share this information with your child as this activity is meant to be a surprise.

**Please place these letters in a sealed envelope with your child's full name on it and return to me by OCTOBER 25, 2023.**

**For Christ the King Parents, write your letters, put in a sealed envelope, then have your kids bring to the Retreat!**

**These can be dropped off at class or in the wooden box on the front step of the rectory. Thank you!**

God bless you and all you do,

Lisa Collison  
St. Pio Faith Formation

### **Things you may want to include in your letter:**

- Memories of when the Confirmation candidate was a baby or small child.
- Writing about all of the candidate's fine qualities and how they have grown over the years to this point.
- Include challenges they have already overcome or are working very hard on.
- Something about the patron saint they have chosen and how that fits in with their own life or faith journey.
- Reminder that they should ask God to help them for all that is before them in the years ahead.
- Add little family jokes or pet names if you think the candidate would enjoy that.
- Add a special bible verse that you think would be helpful to the candidate or a verse that is a family favorite.