



Christ the King

One McCurdy Rd, Old Lyme, CT 06371 | ctkoldlyme@aol.com

Catholic Church

Reconciliation:

(Confession)

Sat.: 4:00-4:30pm & anytime by appointment

Anointing of the Sick: please call the rectory, 860-434-1660, anytime a person is sick & would like anointing or a visit

Baptism:

please call the parish office to arrange pre-baptismal instruction & ceremony date & time

Holy Orders:

to learn more about becoming a priest or deacon call the rectory or Rev. Jeffrey Ellis, vocations office 860-887-9294

Matrimony:

preparation for marriage must begin **at least six months before** the actual ceremony

Confirmation:

preparation *begins in 8th grade* and students receive the sacrament in 10th grade

Adults can join OCIA (for questions on this please contact the office and leave a message for Jo Ann Staves

SACRAMENTAL Life Eucharist:

Mass: M-F: 8:00am

Saturday Vigil Mass: 5:00pm

Sunday 8:00am & 10:30am

Weekdays: 8:00am

Join us! Can't join in person? Celebrate via our Zoom live-stream! Links to join can be found on our website

If you are in need of a priest, please contact Fr. Joe and/or Fr. Walter at the Rectory: 860-434-1660

FOURTH SUNDAY IN ORDINARY TIME
HE WENT UP THE
MOUNTAIN AND BEGAN
TO TEACH.

— MATTHEW 5:1 —



Your parish team is here for you!
Fr. Joseph C. Ashe, Pastor
Fr. Walter Nagle, Parochial Vicar

Adoration:

M-Th: 6:30-7:30am Fri: 9:00am-Noon

Sexual Misconduct Services:
800-624-7407

Parish Prayer Line

to request prayers for any intention large or small please call Michele at 860-434-8529 & leave a message. intentions are shared via first name only, but can be completely anonymous.

CONTACT US!

Rectory: 860-434-1660; **Parish Office** 860-434-1669

Faith Formation Email: drechristthekingol@gmail.com

Parish Website: www.christthekingchurch.net

Church staff: Kimberly Whitcomb, *Administrative Assistant*; William J. Thomas, *Director of Music Ministries*; Erica Zapatka, *Director of Faith Formation*; Sulma Garcia, *Housekeeper*

Parish Council: Robert Brinkerhoff-Chair, Mark Fischer, Barbara Gaudio, Peter Kulas, Mary Martin-O'Brien, Susan Millerick, Cheryl Parsons, Linda Petitpas, Nicole Rivera, Cindy Scarpati, Maureen Swarts, Al Taday

Finance Council: Jean Wilczynski-Chair, Mike Fulara, Steven Gaudio, Meg Kolb, Al Page, & the Parish trustees

Parish Trustees: Marilyn Clarke & Richard Torrenti

Readings for the week of February 1, 2026

Sunday: Zep 2:3; 3:12-13/Ps 146:6c-7, 8-9a, 9b-10/1 Cor 1:26-31/Mt 5:1-12a

Monday: Mal 3:1-4/Ps 24:7, 8, 9, 10/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Tuesday: 2 Sm 18:9-10, 14b, 24-25a, 30-19:3/Ps 86:1-2, 3-4, 5-6/Mk 5:21-43

Wednesday: 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

Thursday: 1 Kgs 2:1-4, 10-12/1 Chr 29:10, 11ab, 11d-12a, 12bcd/Mk 6:7-13

Friday: Sir 47:2-11/Ps 18:31, 47 and 50, 51/Mk 6:14-29

Saturday: 1 Kgs 3:4-13/Ps 119:9, 10, 11, 12, 13, 14/Mk 6:30-34

Next Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16

OUR MISSION

We make our journey through life in the company of one another while growing by the words of Jesus Christ, through the grace of the Holy Spirit, and in the spirit of Vatican II as taught to us by the Church.

Small Christian Community Bible Study, ALL ARE WELCOME!

The Small Christian Community Bible Study will continue to meet in the Parish Library on Wednesday nights at 7:00pm. For questions or more information, please contact Mark Fischer at (860) 598-9392 or Peter Kulas at (203) 490-7766.

Christ the King Thursday Bible Study

The Thursday morning Bible Study will continue to meet in the Parish Library at 9:00am. Our current study is The Second Book of Chronicles. Come join us! Bring your bible or we will loan you one. All are welcome!

For more information, please contact Deb Skaar at (860) 434-3081

Offertory Sign-ups for Weekend Mass Volunteers are needed to bring up the gifts during the offertory at weekend Masses. This tradition of the faithful carrying the bread & wine to the altar symbolizes our returning to God the many gifts that he has bestowed on us. If interested, there is a sign-up sheet in the Narthex.

Christ the King Church is looking for volunteers!

Altar servers, eucharistic ministers, lectors, & collectors are needed for all weekend masses! We would love for you to join & REMEMBER; **no experience is required!** Those interested please reach out to the parish office at **860-434-1669** or **ctkoldlyme@aol.com** to arrange training

Masses and Week at a Glance for the week of February 1, 2026

Sat. Jan. 31

1:00pm Tretton & Lopriore Wedding at Christ the King
5:00pm + Christine & David Ballard r/b Dad

+ Sandra Breunig r/b John & Florence Thomas, Jr.
+ Varkey Mattam r/b Priya & Joshy

Sun. Feb. 1 *4th Sunday in Ordinary Time*

8:00am + Rosemary Tomazak Strekel & Michael Sullivan II r/b Margaret Tomazak

9:15 - 10:15am Faith Formation Classes

10:30am + The deceased family of Nicolo & Anna DiMauro r/b Erica Zapatka
+ Valerie Vallee r/b friends at Walking with Purpose
+ Rita Gregory r/b the family

6:00 - 8:00pm Confirmation Class

Mon. Feb. 2

8:00am Parishioners of Christ the King

6:00pm Parish Pastoral Council Meeting

Tue. Feb. 3 *Saint Blaise*

8:00am + Marilyn Peters r/b the Fulara family

5:30pm OCIA

Wed. Feb. 4

8:00am + Jeanne Nagle (12th Anniversary)

9:30am & 6:30om Walking with Purpose Bible Study

7:00pm Small Christian Community Bible Study

Thur. Feb. 5

8:00am + Eileen Coffee r/b the family

9:00am Thursday Morning Bible Study

Fri. Feb. 6

8:00am + Donald Cobb r/b the Skaar family

Sat. Feb. 7 *Blessing of the Throats*

5:00pm + Kay Tubridy r/b Joan

Dr. Anne Dougherty r/b Joe & Mary Anne Dougherty

Sun. Feb. 8 *5th Sunday in Ordinary Time* *Blessing of the Throats*

8:00am Healing mass for Fr. Joseph Ashe

9:15 - 10:15am Faith Formation Classes

10:30am Healing mass for Louise Young

6:30 - 8:00pm Confirmation Class

At a meeting of the bishops of the ecclesiastical Province of Hartford, of which the Diocese of Norwich is part, the Bishops decreed that fifteen dollars (\$15) is to be the amount for stipends for Masses, effective January 1, 2026. If you have any questions, please see either Fr. Joe, Fr. Walter or Kim in the office.

The Sanctuary Lamp for this week of February will be lit for Mary Maietta

Christ the King Sanctuary Candle may be reserved on a weekly basis in memory of
or to honor a loved one. The suggested weekly donation is \$10

If interested, please contact the parish office at ctkoldlyme@aol.com or (860) 434-1669.

Sustaining our Legacy: Nurturing our Community of Faith

Funds raised through this effort will be used for maintenance and repair on our church and rectory buildings.

Information packets have been mailed to all registered parishioners. If you have not received a packet, contact the church office to check on your registration status.

Please read the brochure and prayerfully consider how you and your family can support this important project.

Did you know: Funds collected to-date from the campaign have already been put to use for a new roof on the Sanctuary, and insulation and structural work on the rectory.

Stewardship Corner

At Christ the King Church, beginning with the new Liturgical Year, Second/Special Collections will be combined with our primary collection during the Offertory each week. We will be providing information about the timing and purpose of each collection as it approaches, in the Weekly Bulletin (refer to the "Stewardship Corner") and pre-Mass announcements, as well as on our parish website.

In addition to the Sunday envelopes (for parishioners using the envelopes for giving), there are "extra" envelopes provided which do not necessarily coincide with a planned Second/Special Collection. These often relate to an observance during the liturgical year which may or may not fall on a Sunday. Our online giving platform, ParishSoft Giving (formerly Faith Direct) also offers opportunities to contribute to many of these Collections/Observances. Anyone who would like to participate in the special giving opportunity may drop a blank envelope in the basket with their gift annotated. Blank envelopes will be available in the Narthex.

2/1 Monthly Debt Reduction

2/22 Energy Needs

4th Sunday in Ordinary Time

"Blessed are the poor in spirit, for theirs is the kingdom of heaven." MATTHEW 5:3

The phrase "poor in spirit" can be confusing. Think of it in this sense – poor in spirit means depending on God's providence and not depending on our own self-reliance. Being detached from earthly things (power, money, and comfort) and being attached to heavenly things (charity, sacrifice, and mercy). Denying ourselves from satisfying our desires and helping others obtain their basic needs.

CATHOLIC SCHOOLS BASKETBALL TOURNAMENT VOLUNTEERS NEEDED

We are looking for volunteers to assist with the Catholic Schools Basketball Tournament held at St. Bernard School in Uncasville, CT. We are looking for people to work the doors, help with tickets, run scoreboards and so much more. If you a High School student or adult who could help for any these times;

Friday- February 27th 4:30PM -9:00PM, Saturday – February 28th 7:30AM – 9:00PM, and Sunday- March 1st from 12:30PM – 5:00PM please contact Maria Sweeney at msweeney@norwichdiocese.net or call 860-848-2237 ex. 212.

If you or someone you know is homebound or unable to attend Mass and would like one of our Eucharistic Ministers to deliver, please contact Kim at the parish office to make arrangements at 860-434-1669

CATHOLIC SCHOOLS BASKETBALL TOURNAMENT

Come out and cheer for your favorite Catholic school in the Diocese of Norwich as teams compete in the Catholic Schools Basketball Tournament, Feb. 27-Mar. 1. The cost is \$5 per game or \$10 for the entire weekend. Games begin on Friday at 5:00 PM, continue all day Saturday, and conclude with playoffs on Sunday afternoon. We look forward to seeing our young people have fun, grow in sportsmanship, and enjoy the game!

Exploring the Faith by Fr. Chris Alar
158 videos study our faith, led by Joe Haley. All are welcome to attend. Meeting in the library Saturday mornings from 9:00 - 10:00

Christ the King Church Men's Club is looking for members!

We are an active organization that meets once monthly, at 6pm on the first Thursday, to support the needs of both the church & the community. We operate under three guiding principles:

- 1) spirituality - we pray together, encourage retreats, and provide motivational guest speakers.**
- 2) stewardship - we raise money & support, many charitable organizations & conduct maintenance projects to maintain the church & our grounds**
- 3) socializing - we hold monthly meetings enjoying pizza & camaraderie, & we support numerous church social functions.**

for more information, contact Bob Brinkerhoff, President, at 860-748-9378 (call or text), email at rnbrink@comcast.net, or visit the CTK website

Bring any unwanted silver (& silver-plate), gold, jewelry (broken or mis-mate) and donate to Christ the King. Our elves will have it turned into cash to benefit the church. Drop off to the office anytime during regular office hours or arrange to meet at a time that works for everyone!!

TALK ON THE REVISED 2026 INCOME TAX CODE AT THE MEN'S CLUB MEETING ON FEBRUARY 5

Mr. Michael Michaud, of Brodeur & Company, CPAs, P.C. in Old Saybrook, will speak at the Men's Club meeting on Thursday Feb. 5. As a specialist in individual and business tax preparation, he will address planning guidelines for the 2026 income tax code, enacted last July retroactive for 2025 filings. His talk points will address rule changes, such as: standard deductions, estate and gift tax exemptions, caps on state & local tax deductions, and charitable deductions.

Parishioners & friends are welcome to learn more about the possible significant impacts to your tax & financial planning. Please contact President Bob Brinkerhoff on 860-748-9378 or rnbrink@comcast.net to join us at 6 p.m. for pizza & refreshments.

2025 ACA update as of December 31, 2025: Congratulations to Christ the King Parish, Old Lyme for surpassing its goal by 22.38%! The amount donated is \$101,646.13 with only 17.28% of our parishioners donating. We will let you know in the near future the 2026 Campaign dates & information. With your donation, our ACA supported ministries do the work of Christ every day. Thank you to everyone for your support!

Please consider participating in our coat drive (bringing your clean gently used coats, hats, gloves, and scarves) to benefit St Vincent de Paul - Middletown & leave in the box in the entrance to the parish hall

The parish would like to hear from you with your opinions and concerns. Fr. Joe has directed the Pastoral Council to place a suggestion box in the Narthex. Items placed in the box will be reviewed weekly by a member of the Pastoral Council and presented to the Council at the next Council meeting for review. Answers to each item will be provided individually (if indicated), on the Parish website, and in the bulletin (space permitting). This is your opportunity for your voice to be heard. *Parish Pastoral Council Meetings are open to all parishioners.



CATHOLIC TRIVIA - JUST FOR FUN

Question: Who were the very first people to visit Jesus after he was born?

Answer: Two local shepherds who were told about Jesus by an angel. ©LPi

WALKING WITH PURPOSE WOMEN'S BIBLE STUDY 🌸:

Join us as we study Rooted and Radiant, a deep dive into the Book of Colossians that guides participants verse-by-verse to strengthen their understanding of Jesus Christ, address modern cultural challenges, and learn to live in His wisdom and freedom.

This is a 6-week study beginning on Wednesday, January 28 at 9:30AM at Christ the King. Contact aimee.wwp@gmail.com for more information and sign-ups.

NEWS FROM THE DIOCESE OF NORWICH

201 BROADWAY, NORWICH, CT 06360 860-887-9294

The monthly Diocesan Pro-Life Mass will take place at the Cathedral of Saint Patrick, 213 Broadway, Norwich, CT, on Saturday, Feb. 7, 2026, at 8:30 a.m. Please join our celebrant, Rev. Walter Nagle, at Mass as we pray to end abortion & for the healing for those who have had an abortion. Breakfast & fellowship following Mass.

SACRED HEART ON THE LAKE RETREAT CENTER
194 Candlewood Hill Rd., Higganum, CT 06441
Spiritual Book Club- Catching Fire Becoming Flame: A Guide for Spiritual Transformation Tenth Anniversary Edition by Albert Haase, OFM Nine Wednesdays from Jan. 28 through Mar. 25, 2026, from 10:00 to 11:30 am. Have you been looking for a book that would help deepen your spiritual life and aid your spiritual formation? Join us and allow your spiritual life to be enriched. The donation for each session is \$10.00. To register either email or call Sr. Patricia at 203-606-4830, email: cigrandpatricia@gmail.com.

Catholic Charities is seeking volunteers for the following positions:

1. Receptionist(s) --Bilingual, greet clients, answer phones and other responsibilities.
2. Grant Writer(s) – Previous grant writing experience, flexible hours, work from home.
3. Finance Volunteer-Enter data information.
4. Digital Designer: Applies creative thinking and technical skills to design content for websites.
5. Web Developer: Designs, builds, maintains websites or web applications
6. Fundraiser: Design, plans and executes events to raise funds for Catholic Charities.

Please send your resume to

Kathy Capon, MSW at kathycapon@ccfsn.org

Thank you.

The Holy Trinity Pro-Life Committee needs new members! We work for the parishes of St. Pio's & Christ the King. Our mission is to foster respect & love for the sacredness of human life at all stages. We seek to engage our parish communities through prayer, education and action. Some of our activities include baby diaper/wipe drives for pregnancy care centers, Mother's Day Rose Sale to support Birthright, bus trips to the CT March for Life, "Coffee And Sundays" at Christ the King, Celebrate Life Corner bulletin articles & more are in the works. The committee needs your help. To learn more about our activities & how you can help, please call Rosellyn Giampietro at 203-715-7227 or email at lateran84@gmail.com.

Indoor Climbing with Bishop Reidy at Central Rock Gym, Glastonbury, CT Saturday, Feb. 7th 4:30-6:30pm Space is limited, and pre-registration is required-email: msweeney@norwichdiocese.net

SACRED HEART ON THE LAKE RETREAT CENTER
2026's Lend Retreat- The Gifts of Forgiveness & Mercy Same Retreat- three different Saturdays- Feb. 28th, Mar. 7th & Mar. 14th 9:30am to 3:00pm
During this retreat day we will ask God to help us as we seek to be released from the prison we allow ourselves to be chained in by our refusal to forgive or be forgiven; into the freedom of God's unconditional love and unearned mercy. Forgiveness is rarely an easy task because of the pain that has been experienced. Yet, for believers, that challenge is made even more urgent by the clear invitation and desire of God that we forgive one another as we have been forgiven by God. (Eph. 4:32) Forgiveness is not forgetting the past. It is not condoning the painful event or trauma which happened. Rather, it is acknowledging and clearly facing the past, and making a conscious choice to not let it maintain its hold on us. Presenter- Sr. Lany Jo Smith, ASCJ.
Donation asked \$35.- Includes Continental Breakfast & Full Lunch. To register online go to sacredheartonthelake.org or call Sr. Lany Jo at 203-606-9102.

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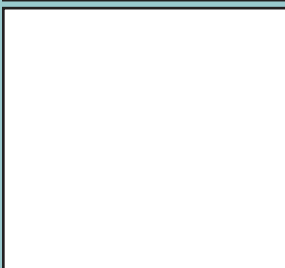
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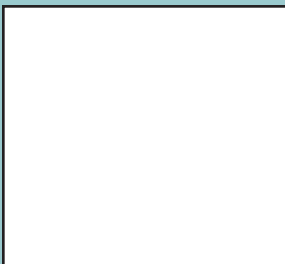
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